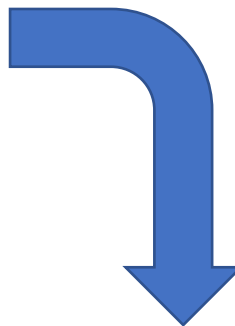


## Youth Services Roadmap

Thank you for trusting Valley Cities Behavioral Healthcare to help support you and your family on the road to recovery! Now that you have completed the mental health intake to qualify you for services with us, here is what you can expect moving forward:

### Session 1:

- Meet the Clinician
- Learn About Youth Therapy
- Ask Questions
- Take Home the Youth Biopsychosocial Assessment



Note: Some of the items in the Youth Biopsychosocial Assessment may be similar to questions you answered at intake. If you feel this is the case for a given portion of the assessment, please note this and move on to the next section.

### At Home and/or During Your Next Session:

- Complete the Youth Biopsychosocial Assessment and Answer Clarifying Questions from the Clinician



### Session 2 and Onward:

- Review Findings from Youth Biopsychosocial Assessment with Your Clinician
- Discuss Diagnosis and Collaboratively Plan Treatment
- Complete Releases of Information or Schedule Psychiatric Evaluation (if indicated)